



SerenitySpa

by westgate



Menu of Services

All prices, menu offerings and policies are subject to change.

About Your Visit

Experience true Mountain Healing at Serenity Spa. Whether your goal is to relax and indulge your senses, combat the effects of aging, improve your fitness and wellness regime, or enhance your inner beauty, at Serenity Spa by Westgate we will help you retreat, relax, and renew!

All Serenity Spa professionals are licensed and trained in the most current techniques to provide maximum benefits and results from your treatments. Your spa experience will be tailored to meet your specific goals for health and wellness.



General Information

Cancellation Policy: All appointments are subject to a four hour cancellation policy. Otherwise, a 50% charge will be posted to the credit card referenced at the time of scheduling the appointment.

Discounts: Westgate Resorts Owners receive regular special offers. Please ask for details.

Groups: Consider a spa outing for a memorable group experience. Special rates are available for groups of five or more guests. Ask to speak to our Spa Group Coordinator for more details.

Service Charge: For your convenience, an 20% service charge will be added to the price of each treatment, including spa packages.

Room Charge: Spa services can be charged to the room, however, the person's name who is on the reservation list, must be the one present to sign for the charged services. There must be a credit card on file for specified room.

Spa Etiquette: We recommend that you arrive at least 15 minutes prior to your spa appointment. Arriving late for your scheduled appointment will limit the time of your treatment. Our environment is one of serenity and relaxation. Please respect other guest's serenity and turn off your cell phone. Anyone under 18 receiving services must have a guardian sign the required intake form.

Other Information: Come dressed to your comfort level. Before any service, your therapist will have a brief consultation with you to further discuss any other personal needs or goals for your specific treatment.



Facial Treatments

European Facial

\$75

50 min.

Pamper your face with a relaxing, soothing and complete cleansing of the skin. Customized for all skin types, your skin will awaken and breathe again, feeling fresh and renewed.

Gentlemen's Facial

\$75

50 min.

A deep cleansing, followed by an exfoliation and soothing masque to balance and hydrate your skin. A customized regimen will be designed especially for you to help alleviate bumps and irritations on the skin.

Express Facial

\$50

30 min.

Have little time? You still have time to get pampered with this facial, designed for the person on the go. It is a perfect blend of cleansing and a customized masque, to tone and moisturize.

Back Facial

\$60

30 min.

A soothing and complete cleansing of the back and shoulders. Customized for all skin types, your back will awaken and breathe again, feeling fresh and renewed.

Deep Pore Cleansing Facial

\$85

50 min.

A deep cleansing and purifying facial designed for congested or problematic skin types. Extractions included. Not recommended for sensitive skin.

Reveal Anti Aging Facial

\$100

50 min.

This superior-result driven treatment uses super antioxidants and lactic acid to reveal the skin's youthful appearance. This specialty combats fine lines, overall skin tone and smoothness. Sun exposure must be limited for the following 24-48 hours.



Facial Treatments

Transforming Aroma

\$90

50 min.

A deep cleansing treatment, complete with our botanical mixers chosen specifically for your mood and complexion. Also includes a profoundly relaxing facial massage and specialized firming and renewing care for the delicate eyes and hands.

A gratifying 50 minute spa journey that promises meaningful results.

Serenity Facial Peel

\$55

30 min.

Known as “lunchtime peels”, these medically endorsed treatments offer healthier, more youthful skin without down time. Natural peels remove the very top layer of expired skin. Repeated treatments are needed to maintain results. Your esthetician can customize a plan specifically to accomplish your goals.



Body Treatments

Geranium & Sage Hydrating Cocoon **\$80**

50 mins.

Nourish and smooth away dryness with our signature wrap, containing the most effective antioxidant and anti-aging formulation including vitamin E, avocado oil, grape seed, sage, soybean oil, rose hips, geranium, essential oils, and mineral-rich French clay. An ideal hydrating and re-mineralizing treatment for dry, mature and weather-damaged skin.

Green Tea Mint Detox Cocoon **\$80**

50 mins.

This treatment is especially designed for those suffering from muscular injuries, aches, and pains. Green Tea & Mint will help ease the pain, relieve fatigue, detoxify, and help the body to absorb the many vitamins and minerals this unique mud has to offer.

Body Foliation Therapy **\$55**

30 mins.

Give your body the customized exfoliation it needs with the warming sensation it craves! A gentle Oatmeal and Rice Bran exfoliant whisks away dead skin cells, brightens skin, and helps reduce the appearance of sunspots and hyper pigmentation. You'll leave this therapy with silky, healthier skin.

Enzymatic Foot Detox **\$35**

30 mins.

This incredibly detoxifying mud masque uses natural earth clays to draw out impurities. Ginger and white tea stimulates circulation. After warm towels are used on the feet, the mud masque is placed on the soles of the feet to help draw out toxins.

Ear Candling **\$30**

30 mins.

A long paraffin candle is placed in the ear while the outer end is lit. As the candle burns down it creates a vacuum to help pull out impurities in the ear canal. This is a relaxing service to help alleviate sinus and ear congestion.



Massage

Couples Massage

Price of massage x 2

If you've never experienced a massage before and are nervous about having one, or if you would like to share a true relaxation experience with your loved one or friend, this is the treatment for you. Relax side by side as you receive a soothing massage together in our specialized couple's room.

Serenity Signature

\$85

60 mins.

Experience a unique massage found only at Serenity Spa. Enjoy a full body relaxation massage ending with a hydrating mud application to the back to create a warm and soothing sensation. Emerge from this massage and body treatment feeling relaxed and renewed.

Swedish Massage

\$50 • \$75 • \$100

30 mins. • 50 mins. • 80 mins.

The most popular relaxation massage in the world. This full body massage uses European techniques to help soothe and relax tired muscles to promote a sense of deep relaxation and well being.

Deep Tissue Massage

\$55 • \$90

30 mins. • 50 mins.

Need more than a light massage to handle your aches and pains? This massage is for you. The combination of deep compression, strong strokes and trigger point therapy used by our therapists is sure to defeat knotted muscles and aching joints.

Aromatherapy Massage

\$55 • \$85 • \$110

30 mins. • 50 mins. • 80 mins.

Allow your senses to take you into a different world with this combination of light relaxation massage, exquisite aromas and soothing music. You will truly see and feel less stress after this incredible treatment.



Massage

Hot Stone Massage

\$105 • \$120

50 mins. • 80 mins.

This treatment combines the relaxing effects of traditional massage with volcanic basalt stones. The warm stones are massaged along the body, creating an aura of warmth while the deep penetrating heat works to manage the relief of stressed and tired, aching muscles.

Pre-Natal Massage

\$45 • \$75

30 mins. • 50 mins.

Expectant mothers will feel nurtured during this pampering experience. The massage focuses on reducing tension in the back and neck and helps alleviate aches and pains in the legs and feet (This service is available during the second and third trimester).

Foot Massage

\$35

25 mins

This is a recommended recovery massage after a long day at the theme parks or shopping. Let us soothe your mind, body and sole with the combination of warm towels, relaxation, and Swedish techniques.



Spa Packages

Herbal Detox

\$150

2 hrs.

An herbal cleansing and revitalizing program for today's toxin laden lifestyle. Begin with a Green Tea Mint Detox wrap, and finish with a 50 minute Aromatherapy massage using detoxifying aroma oils.

Serenity Delight

\$207

3 hrs.

The ultimate full-body experience. Receive a European facial, Geranium & Sage Hydrating Cocoon, rich with vitamins and minerals, and a full body Swedish massage. Your body will thank you!

Serenity Sampler

\$90

1 hr.

Perfect for a first time spa experience, the Serenity Sampler will introduce you to some of the best treatments our spa has to offer. Receive a 30 minute Swedish massage and an Express facial. Once you see the new you, you will want more!

Half Day Getaway

\$200

3 hrs.

If you don't have the time for a full day of treatments and still want some time for yourself, this package is for you. Receive a Swedish massage, European facial, Classic manicure, and a Classic pedicure. This package will revive you and prepare you for the rest of the day.



Nail Services

Manicures

Classic Manicure **\$30**

30 mins.

Nail soak, cuticle touch-up, nail reshape and buff, hydration, and polish application.

Spa Manicure **\$40**

50 mins.

Nail soak, cuticle clean up, nail reshape and buff, exfoliation, paraffin, hydration, and polish application.

Ice Cream Manicure **\$45**

50 mins.

Using our ice cream bath fizzy products, you receive nail soak, cuticle touch-up, nail reshape and buff, exfoliation, paraffin, hydration, polish application, and ice cream sundae.

Pedicures

Classic Pedicure **\$40**

30 mins.

Foot soak, cuticle touch-up, nail reshape and buff, massage and hydration, and polish application.

Spa Pedicure **\$50**

50 mins.

Foot soak, cuticle clean up, nail reshape and buff, exfoliation, paraffin, massage and hydration and polish application.

Ice Cream Pedicure **\$60**

50 mins.

Using our ice cream bath fizzy products, you receive, foot soak, cuticle touch-up, nail reshape and buff, exfoliation, paraffin, massage and hydration, polish application, and ice cream sundae.

Polish Change **\$15**

French Polish Upgrade **\$5**



Other Treatments

Wax Services

<i>Eyebrows</i>	<i>\$15</i>
<i>Lip</i>	<i>\$12</i>
<i>Chin</i>	<i>\$12</i>
<i>Full Face</i>	<i>\$35</i>
<i>Half Leg</i>	<i>\$40</i>
<i>Full Leg</i>	<i>\$65</i>
<i>Bikini</i>	<i>\$30+</i>
<i>Underarm</i>	<i>\$25</i>
<i>Brazilian</i> <i>(upon request/limited days)</i>	<i>\$65+</i>

Add-Ons

<i>Paraffin (hands or feet)</i>	<i>\$20</i>
<i>Eye Treatment Mask</i>	<i>\$20</i>
<i>Renewal Hand Mask</i>	<i>\$20</i>
<i>Scalp Massage</i>	<i>\$15</i>
<i>Eyebrow Tint</i>	<i>\$20</i>
<i>Eyelash Tint</i>	<i>\$25</i>



Spa Generation Menu

Spa Mini Generation Treatments

These fun and fabulous services are designed for our special guests 12 years old and younger. Must be accompanied by an adult. Consent form required.

Mini Ice Cream Manicure	\$25
Mini Ice Cream Pedicure	\$25
Refresher Facial	\$35

Tickle your fingers and toes with our yummy “treat”ments! First select a Mini Bath Ice Cream to soak your fingers or toes, and watch the water fizzle your favorite color. Next, choose a topping in your favorite flavor to scrub fingers or toes clean. Then massage with a Body Icing Lotion and top off with a nail polish.

Spa Generation Treatments

These relaxing services are designed for our new generation of spa-goers between the ages of 13 and 15. All of these services include unique personalized coaching time with your massage therapist or esthetician. You will learn better skin, body and nail care practices, as well as ways to decrease stress and maintain a healthy lifestyle.

Spa Generation Massage **\$45**

This massage is designed for the younger, growing body. Release muscle tension from backpacks, book bags, and everyday computer usage. Also great for student athletes who need to relieve muscle stiffness and increase flexibility.

Spa Generation Facial **\$45**

This facial is a great way to give your skin a new beginning. Completely customized to treat your skin and no one else's. Also get insider tips on how to take better care of your skin from the inside out.

Ice Cream Manicure **\$30/25 mins.**

Ice Cream Pedicure **\$40/25 mins.**

Forget your typical manicure and pedicure and indulge in the delectable Spa Generation Ice Cream Manicure or Ice Cream Pedicure. Select a scoop of Bath Ice Cream to soak and hydrate, then choose a Shower Sherbert to exfoliate and a Bath Body Icing to hydrate and moisturize. Includes nail shape, cuticle work and polish.



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Hours of Operation:

Hours may vary by season.
Please call for more information

915 Westgate Resorts Rd. • Gatlinburg, TN 37738
www.westgateresorts.com

(865) 430-5101
(Dial Extension 84201 from resort)